



WHERE THE
locals
MATTER



WIN THE COST OF YOUR SHOP BACK

Arnott's Chocolate Biscuits or TeeVee Snacks 160-250g Selected Varieties

\$2.25
ea

SAVE \$2.25



John West Tuna 95g Selected Varieties
\$14.21 per kg

\$1.35
ea

SAVE \$1.35



1/2
PRICE

\$2
ea

SAVE \$2

Powerade or Powerade Active Water 600mL Selected Varieties
\$3.33 per Litre



Cold Power Laundry Triple Caps 30 Pack Selected Varieties
*excludes Low Prices Every Day
38¢ each

50% OFF COLD POWER LAUNDRY CAPS*

\$11.50
ea

SAVE \$11.50

JUST BUY ANY PARTICIPATING PRODUCT THIS WEEK FOR YOUR CHANCE TO WIN

#UP TO \$350.



Australian
YELLOW OR WHITE PEACHES
\$3.90 kg

Hot PRICE!

ON SALE 15TH FEBRUARY 2023

1/2 PRICE SPECIALS ON NOW
Scan & subscribe to save!



SEE INSIDE FOR MORE SAVINGS

WIN

THE COST OF YOUR SHOP

BACK#

#UP TO \$350.



**1/2
PRICE**

\$2.25
ea

SAVE \$2.25

Red Rock
Deli Gourmet
Crackers 130g
Selected Varieties
\$1.73 per 100g



**BETTER THAN
HALF PRICE**

\$2.35
ea

SAVE \$2.45

The Natural
Chip Co.
Chips 175g
Selected
Varieties
\$1.34 per 100g



\$4
ea

SAVE \$1.80

Red Rock Deli
Chips 150-165g
Selected
Varieties



\$2.80
ea

SAVE 45¢

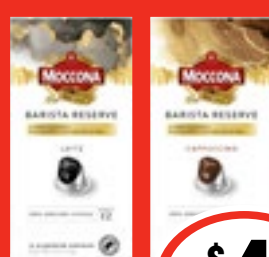
Allen's Medium
Bag 140-200g
Selected Varieties



\$7
ea

SAVE \$2.50

Kellogg's Cereals
460-765g
Selected Varieties



\$4
ea

HOT BUY

Moccona Barista
Reserve Coffee
Capsules 10 Pack
Selected Varieties
\$7.69 per 100g



\$2.10
ea

SAVE \$1.45

Coca-Cola 1.25 Litre
Selected Varieties
\$1.68 per Litre



\$17.50
ea

SAVE \$9.95

Pepsi, Solo or
Schweppes 24x375mL
Selected Varieties
\$1.94 per Litre



\$7.50
ea

SAVE \$4.50

Red Bull Energy
Drink 4x250mL
Selected Varieties
\$7.50 per Litre

JUST BUY A PRODUCT FROM ANY OF THESE BRANDS FOR YOUR CHANCE TO WIN!



* Spends exclude tobacco, gaming and/or liquor purchases. T&Cs apply, see www.iga.com.au/win. Open to AU res (ex Tas) 18+. Starts: 1/2/23 at 7am AEDT. Ends: 11:59PM AEDT 28/2/23. Max 1 submission p/day & max 2 entries into Weekly Draw per submission. Retain receipt/s. Instant Prizes (100 per day): Up to 2,800 x Metcash Gift Cards valued at up to \$350 ea (depending on amount spent). Weekly Draw Prize: 4 x \$5k (1 winner per week). All draws: U6, 3 Central Avenue, Thornleigh NSW 2120 at 2:30pm AEDT. Weekly draws:

JUST BUY ANY OF THESE PARTICIPATING PRODUCTS THIS WEEK FOR YOUR CHANCE TO WIN!



SCAN HERE TO ENTER



Yoplait Petit Miam Yoghurt 70g Selected Varieties
\$1.14 per 100g

80¢ ea

HOT BUY



Dairy Farmers Thick & Creamy Yoghurt 150g Selected Varieties
\$1.20 per 100g

\$1.80 ea

SAVE 70¢



Tamar Valley Greek Style Yoghurt 700g Selected Varieties
86¢ per 100g

\$6 ea

SAVE \$1.50



Don Bacon 180-200g Selected Varieties

\$5.50 ea

SAVE \$1.30



Cheer Cheese Slices 500g Selected Varieties
\$19.40 per kg

\$9.70 ea

SAVE \$2.80



Perfect Italiano Ricotta 500g Selected Varieties
\$11.20 per kg

\$5.60 ea

SAVE \$1.40



Herbert Adams Gourmet Pies 2 Pack Selected Varieties

\$5.70 ea

SAVE \$3.30



Four'N Twenty Meat Pies 4 Pack Selected Varieties
\$1.07 per 100g

\$7.50 ea

SAVE \$1



Bulla or Chupa Chups Ice Cream 8-14 Pack Selected Varieties

\$5.75 ea

SAVE \$2.25



between 10/2/23 to 3/3/23 (see full T&Cs for details). All winners published at www.iga.com.au/win from 10/3/23. Promoter: Metcash Trading Limited (Supermarkets NATIONAL, NSW & ACT) ABN 61 000 031 569, 1 Thomas Holt Drive, Macquarie Park, NSW 2113. Permits: NSW Auth No. TP/ 02343. SA Permit No. T22/ 1974. ACT Permit No. TP22/ 02390.

WIN THE COST OF YOUR SHOP BACK[#]

#UP TO \$350.

50% OFF
DÉCOR TELLFRESH
\$3.25
ea
SAVE \$3.60

Décor TellFresh Oblong Container 1.7 Litre



Palmolive Foaming Hand Wash Refill 500mL Selected Varieties 55¢ per 100mL

\$2.75
ea
SAVE \$2.75



1/2 PRICE



\$3.25
ea
SAVE \$3.25

Palmolive Body Wash 500mL Selected Varieties 65¢ per 100mL



Palmolive Hand Wash 400-500mL Selected Varieties

\$3.50
ea
SAVE \$3.50



Stayfree Pads, Carefree Tampons or Liners 10-48 Pack Selected Varieties

\$3.50
ea
SAVE \$1.50



Eveready Gold AA 20 Pack or AAA 16 Pack Batteries

\$11.50
ea
HOT BUY

100 WINNERS DAILY PLUS GO INTO THE WEEKLY DRAW FOR \$5,000



SCAN HERE TO ENTER

PICK OF THE *Crop*



Grown in Australia

\$3⁹⁰ kg

Australian
YELLOW OR WHITE PEACHES

Avo Fresh Guacamole, Chunky Lemon, Soft Lemon, Soft Lime Pepper 160g
\$31.25 per kg

\$5 ea

Grown in Australia

\$2⁵⁰ ea
250G PUNNET

Australian Cherry Tomatoes 250g
\$10 per kg

Grown in Australia

\$2 ea

Australian Eschallots /Spring Onions

Grown in Australia

\$2 ea

Australian Green Oak Lettuce

Grown in Australia

\$5 ea
2KG BAG

Australian Washed Potatoes 2kg
\$2.50 per kg

community Co

WE GIVE BACK TO LOCAL COMMUNITIES

Community Co Bacon Ranch 200g, Asian 230g or Garden Bowl 180g

\$5²⁰ ea
SAVE 50¢



— WHAT'S FOR *Dinner?* —

Try The Perfect Steak recipe
Visit IGA.COM.AU/RECIPES

\$29 kg

Australian
BEEF PORTERHOUSE STEAK

\$20 kg

Australian Beef BBQ Round Steak

\$15 kg

Australian Pork Midloin Chops



Community Co Beef Brisket 500g
\$27 per kg

\$1350 ea
LOW PRICE



Australian Lamb BBQ Forequarter Chops



\$17 kg



Global Seafoods Prawns Cooked & Peeled 300g
\$35 per kg



\$1050 ea
LOW PRICE



Global Seafoods Whiting Crumbed 600g
(Imported Product)
\$19.17 per kg



\$1150 ea
SAVE 50¢

Customer Notice

Some products on promotion are subject to availability and limits

We are currently experiencing stock shortages on some products and they may be unavailable or subject to limits. We're working hard to restock impacted lines for you. Thank you for your patience and understanding.

Weekly catalogue specials available online at iga.com.au

— DELI *Delights* —



\$1.40 PER 100G
\$14 kg

Irresistible
SHORT CUT BACON

\$2.50 PER 100G
\$25 kg

Ham Off the Bone
 Sliced or Shaved

\$2.50 PER 100G
\$25 kg

Salami Sliced
 or Shaved

\$2.10 PER 100G
\$21 kg

Twigg Sticks
 Hot or Mild

70¢ PER 100G
\$7 kg

Sliced Devon

\$1.60 PER 100G
\$16 kg

Deli Leg Ham
 Sliced or Shaved

\$5 ea

Creamy Pasta,
 Coleslaw or Potato
 Salad Large Tub
 Selected Varieties

\$5.95 ea
LOW PRICE

South Cape Trilogy
 140g Selected Varieties
 \$42.50 per kg

\$6.30 ea
LOW PRICE

Lemnos Haloumi
 180-200g
 Selected Varieties



BAKERY *Delights*

Serving suggestion




\$3 ea

8 Pack
\$1.50 per 100g

Scrumptious
**COUNTRY DELIGHT
SNOWBALLS**




Mission Wraps
6-8 Pack
Selected
Varieties

\$4.50 ea




Papa Joe's
Bread 500g
Selected
Varieties
\$1.20 per 100g

\$6 ea



Schulstad
Croissants Mini
8 Pack 160g
\$2.50 per 100g

\$4 ea



Mighty Soft
English
Muffins 6 Pack
93¢ per 100g

\$3.50 ea

**1/2
PRICE**




Golden
Crumpets
6 Pack Selected
Varieties

\$2 ea



Tip Top The One
Bread 700g
Selected Varieties
56¢ per 100g

\$3.90 ea
LOW PRICE



Tip Top Raisin
Toast 520-600g
Selected
Varieties

\$3.50 ea



Tip Top
Gourmet
Burger Bun
4 Pack Selected
Varieties
\$1 each

\$4 ea

**NEVER
A BORING
PANCAKE!**





\$3 ea

Tip Top Golden
Pancakes
6 Pack or
Pikelets 8 Pack



Serving suggestion

FILL UP THE *Pantry*





\$11^{ea}

SAVE \$11

Cadbury Favourites
570g Selected Varieties
\$1.93 per 100g

1/2

PRICE



\$250^{ea}

SAVE \$2.50

Cadbury Bite Size Pack
110-150g Selected Varieties



Arnott's Cream or Scotch Finger Biscuits 200-250g Selected Varieties

\$250^{ea}

SAVE 80¢



Sprite or Fanta 1.25 Litre Selected Varieties
\$1.68 per Litre

\$210^{ea}

SAVE \$1.45



Arnott's Jatz, Savoy or Shapes 130-250g Selected Varieties

\$250^{ea}

SAVE \$1



Coca-Cola, Sprite or Fanta 10x375mL Selected Varieties
\$2.57 per Litre

\$965^{ea}

SAVE \$6.45



CC's, Thins, French Fries or Samboy 110-175g Selected Varieties

\$325^{ea}

SAVE \$1.35



Fantastic Delites 100g Selected Varieties
\$1.50 per 100g

\$150^{ea}

SAVE 80¢



Monster Energy Drink 500mL Selected Varieties
\$5.70 per Litre

\$285^{ea}

SAVE \$1



Coca-Cola 30x375mL Selected Varieties
\$2.39 per Litre

\$2690^{ea}

SAVE \$19.20




NEW



\$385^{ea}

SAVE \$1.65

Cadbury Chocolate Block 160-190g Selected Varieties

\$250^{ea}

SAVE \$1.50

Life Savers Share Pack 160-220g Selected Varieties



Cadbury Dairy Milk Bunny 180g*
\$3.33 per 100g

\$6^{ea}

SAVE \$1.50



Cadbury Eggs Pack 110-175g Selected Varieties*

\$4^{ea}

SAVE \$1

*Selected Stores only. While stocks last.



FILL UP THE *Pantry*



Devondale Full Cream or Extra Lite Long Life Milk 6x200mL
\$3.83 per Litre

\$4.60 ea
SAVE \$1.40



Barista Bros Iced Coffee or Chocolate 700mL Selected Varieties
\$3.79 per Litre

\$2.65 ea
SAVE 95¢



Nescafé Gold Instant Coffee 100g Selected Varieties
\$10.50 per 100g

\$10.50 ea
SAVE \$3



Liddells Chocolate Flavoured Long Life Milk 3x250mL
\$5.80 per Litre

\$4.35 ea
SAVE 80¢



Sanitarium Weet-Bix 450-750g Selected Varieties

\$4.50 ea
SAVE \$1.20



Tetley Natural or Decaf Green Tea Bags 50 Pack

\$3.50 ea
SAVE \$1.20



Morning Sun Muesli 650g Selected Varieties
69¢ per 100g

\$4.50 ea
LOW PRICE



Rose's Conserve or Marmalade 500g Selected Varieties
90¢ per 100g

\$4.50 ea
LOW PRICE



Bega Crunchy or Smooth Peanut Butter 780g
96¢ per 100g

\$7.50 ea
LOW PRICE



Golden Circle Sliced Beetroot 450g
\$3.11 per kg

\$1.40 ea
SAVE 60¢



MasterFoods Tomato or Barbecue Squeezy Sauce 920mL
33¢ per 100mL

\$3 ea
SAVE \$1



Schweppes Cordial 750mL Selected Varieties
\$5.33 per Litre

\$4 ea
SAVE 55¢

FILL UP THE *Pantry*



\$2.80
ea

Dolmio Extra Pasta Sauce 490-500g Selected Varieties

SAVE 30¢



\$1.70
ea

Heinz Tomato Ketchup Mini Taster 220mL 77¢ per 100mL

SAVE 50¢



\$18
ea

Riviana Pakistani Basmati Long Grain Rice 5kg 36¢ per 100g

SAVE \$5



\$2.50
ea

Praise Dressing 250-330mL Selected Varieties

SAVE \$1.10



\$3
ea

Continental Liquid Stock 1 Litre Selected Varieties 30¢ per 100mL

SAVE \$1



\$2
ea

MasterFoods Tartare 220g, Seafood Cocktail 260g or Mint Jelly 290g

SAVE 70¢



\$3.45
ea

Mission 96% Fat Free or Multi-Grain Tortillas 8 Pack 90¢ per 100g

SAVE 75¢



\$1.40
ea

Golden Circle Creamed Corn or Kernels 410g \$3.41 per kg

SAVE 50¢



\$13
ea

John West Wild Alaskan Red Salmon 415g \$31.33 per kg

SAVE \$1



\$6.90
ea

Kraft Easy Mac & Cheese 560g \$1.23 per 100g

LOW PRICE



\$4.60
ea

Heinz Baked Beans or Spaghetti 3x220g Selected Varieties 70¢ per 100g

LOW PRICE



\$1.85
ea

CSR Pure Icing Sugar 500g 37¢ per 100g

SAVE 35¢



— EASY MEAL *Solutions* —

Serving suggestion



Community Co Beef Brisket 500g
\$27 per kg

\$13⁵⁰
ea
LOW PRICE



La Famiglia Kitchen Stone Baked Garlic Sourdough 480g or Ciabatta 350g

\$6
ea
SAVE \$1



\$5
ea

Creamy Pasta, Coleslaw or Potato Salad Large Tub Selected Varieties



On The Menu Frozen Meal 320g Selected Varieties
\$1.88 per 100g

\$6
ea
LOW PRICE

Serves
5



Community Co Quiche 700g Selected Varieties
\$1.57 per 100g

\$11
ea
LOW PRICE

— FRIDGE & FREEZER *Faves* —



**1/2
PRICE**



Steggles
Chicken Breast
Tenders 400g
Selected Varieties
\$12.50 per kg

\$5 ea

SAVE \$5



Streets Golden
Gaytime Ice
Cream 4 Pack
Selected Varieties
\$1.75 per 100mL

\$7 ea

SAVE \$2.50



Primo Stackers,
Party Faves, Trios,
BBQ or Cheese
Lovers 45-57g
Selected Varieties

\$3 ea

SAVE \$1.25



McCain Pub Size
Frozen Meal 480-500g
Selected Varieties

\$6.50 ea

SAVE \$2



Streets Bubble
O'Bill 4 Pack
\$1.61 per 100mL

\$6.50 ea

SAVE \$3



Cracker Barrel Extra
Sharp Vintage Cheddar
Cheese Block 500g
\$21.70 per kg

\$10.85 ea

SAVE \$2.95



Patties Sausage
Rolls 24 Pack
\$1.39 per 100g

\$12.50 ea

SAVE \$3



Cadbury, Oreo
or Nestlé Milo Ice
Cream 1.2 Litre
Selected Varieties
54¢ per 100mL

\$6.50 ea

SAVE \$3.50



Perfect Italiano Extra
Sharp Parmesan or
Extra Strong Romano
Cheese Block 200g
\$27.50 per kg

\$5.50 ea

SAVE \$1.50



Pauls Vanilla
Custard 1kg
40¢ per 100g

\$4 ea

SAVE \$1



Bega Original Cream Cheese
Block or Spreadable 225g
\$17.78 per kg

\$4 ea

SAVE 85¢



— GREAT *Specials* —



Whiskas Dry Cat Food 800g Selected Varieties
53¢ per 100g

\$4.20 ea
SAVE \$1.80



U By Kotex Ultrathins Pads 10 Pack or Tampons 16 Pack Selected Varieties

\$3.50 ea
HOT BUY



Poise Pads 8-16 Pack Selected Varieties

\$4.50 ea
SAVE \$1.50



My Dog Wet Dog Food 6x100g Selected Varieties
\$1.17 per 100g

\$7 ea
SAVE \$2.50



Natures Gift Deli Roll Pet Food 1.4kg Selected Varieties (From the Meat Dept.)
34¢ per 100g

\$4.80 ea
SAVE \$1.20

50% OFF

NIVEA*



\$2.25 ea

SAVE \$2.25

*excludes Travel Size & Low Prices Every Day
\$56.25 per 100g

30% OFF

PINE O CLEEN SURFACE WIPES OR TRIGGER SPRAY*



\$8.40 ea

SAVE \$3.60

*excludes Low Prices Every Day
\$7 per 100 units



\$2 ea

LOW PRICE

Rafferty's Garden Baby Food 120g Selected Varieties
\$1.67 per 100g



\$5 ea

HOT BUY

Colgate Optic White Mouthwash 500mL, Enamel White Toothpaste 95g or Zig Zag Brush 3 Pack Selected Varieties



\$3 ea

SAVE 90¢

Multix Lavender Colour Scents Tidy Bags 35 Pack
9¢ each

30% OFF PANTENE HAIR CARE*



\$13.30 ea

SAVE \$5.70

Pantene Shampoo or Conditioner 900mL Selected Varieties
*excludes Travel Size
\$1.48 per 100mL



\$2 ea

HOT BUY

Palmolive Foaming Hand Wash 250mL or Luminous Oils Soap 3x90g Selected Varieties

Specials



LIQUOR

 <p>\$48 ea 24 PACK</p> <p>Tooheys Extra Dry</p>	 <p>\$49 ea 24 PACK</p> <p>Great Northern Super Crisp Lager</p>	 <p>\$52 ea 24 PACK</p> <p>Asahi Super Dry</p>	 <p>\$52 ea 30 CAN BLOCK</p> <p>XXXX Gold</p>	 <p>\$55 ea 24 PACK</p> <p>Coopers Pale Ale</p>	 <p>\$18 ea 4 PACK</p> <p>Brookvale Vodka Lemon Squash 6%</p>
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 <p>\$36 ea 10 PACK</p> <p>Vodka Cruiser Mixed 4.6% Varieties</p>	 <p>\$89 ea 24 PACK</p> <p>Canadian Club or Jim Beam 4.8% Varieties</p>	 <p>\$36 ea 1 LITRE</p> <p>Molly's Irish Cream</p>	 <p>\$52 ea</p> <p>Jack Daniel's Black Label Tennessee Whiskey 700mL</p>	 <p>\$61 ea 1 LITRE</p> <p>Bundaberg Rum UP</p>
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 <p>2\$15 for MULTI-BUY</p> <p>Yellowglen Colours NV 750mL Varieties</p>	 <p>2\$30 for MULTI-BUY</p> <p>Squealing Pig 750mL Varieties (excluding Pinot Noir)</p>	 <p>\$16 ea</p> <p>19 Crimes Snoop Cali or Lindeman's Gentleman's Collection 750mL Varieties</p>	 <p>\$19 ea</p> <p>Pepperjack 750mL Varieties</p>	 <p>\$22 ea</p> <p>Petaluma White Label 750mL Varieties</p>
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Liquor offers available from 15/02/23 until 21/02/23 or while stocks last. Specials available in NSW & ACT IGA Liquor outlets only. Regional pricing may vary. IGA Liquor supports the responsible service of alcohol in accordance with the Liquor Act 2007 (NSW) and legislation to reduce smoking rates including the Tobacco Advertising Prohibition Act 1992 (Cth) and the Public Health (Tobacco) Act 2008 (NSW). It is against the law to sell, supply or obtain to supply to a person under the age of 18 years old. Quitting smoking will improve your health. Call Quitline 13 78 48, talk to your doctor or pharmacist or visit www.quitnow.gov.au. We reserve the right to correct printing errors. Pricing available in-store only. Pricing and specials not available via 3rd party online delivery platforms.



LIKE US IGA Liquor
IGALiquor.com.au

100% Australian and independently owned.

NSW

WIN THE COST OF YOUR SHOP BACK™

SEE INSIDE FOR MORE SAVINGS



\$4.75
ea

SAVE \$4.75

Connoisseur Gourmet Ice Cream 4-6 Pack Selected Varieties



SPC Baked Beans or Spaghetti 420-425g Selected Varieties
26¢ per 100g



\$1.10
ea

SAVE \$1.10



BETTER THAN HALF PRICE

\$9
ea

SAVE \$10

Sunrice Medium Grain White or Brown Rice 5kg
18¢ per 100g

JUST BUY ANY PARTICIPATING PRODUCT THIS WEEK FOR YOUR CHANCE TO WIN #UP TO \$350.



\$19.50
ea

SAVE \$8.50

Moccona Freeze Dried Coffee 400g Selected Varieties
\$4.88 per 100g



\$9.50
ea

SAVE \$2

Bega Cheese Slices 500g Selected Varieties
\$19 per kg



95¢
ea

SAVE 45¢

Dine Classic Collection Wet Cat Food 85g Selected Varieties
\$1.12 per 100g

VISIT iga.com.au or CALL 1800 622 579 for details of your nearest store and other great offers

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Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit iga.com.au/pricematch. Specials not available at IGA X-press. Liquor products available only at IGA Plus Liquor stores. Some items may not be available at all stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors. Pricing and specials not available via 3rd party online delivery platforms.



ON SALE 15TH FEBRUARY 2023