



LOCAL GROCER

great
saves
AND LOCAL FAVES



Serving Suggestion

BETTER THAN
1/2
PRICE

White Wings
Pancake
Shaker
325-350g
Selected
Varieties

\$1.65
ea
SAVE from \$1.80



\$3.85
ea
SAVE from \$1.10

CSR Squeeze
Golden Syrup 500g
77¢ per 100g



Perfect for
PANCAKE DAY

\$2
ea
SAVE from 40¢

CSR Pure Icing
Sugar 500g
40¢ per 100g



WIN THE COST OF YOUR SHOP BACK



Arnott's Chocolate
Biscuits 160-250g
Selected Varieties

\$2.25
ea
SAVE from \$2.70

John West
Tuna 95g
Selected
Varieties
\$14.21 per kg



\$1.35
ea
SAVE from \$1.60

BETTER THAN
1/2
PRICE



\$1.10
ea
SAVE from \$1.30

SPC Baked
Beans or
Spaghetti
420-425g
Selected
Varieties



Bega Cheese
Slices 500g
Selected
Varieties
\$19 per kg

\$9.50
ea
SAVE from \$3.15



\$2
ea
SAVE from \$2.40

Powerade or Powerade
Active Water 600mL
Selected Varieties
\$3.33 per Litre

\$4.75
ea
SAVE from \$5.70

Connoisseur
Gourmet
Ice Cream
4-6 Pack
Selected
Varieties



Dine
Wet Cat Food
85g
Selected
Varieties
\$1.12 per 100g

95¢
ea
SAVE from 60¢

JUST BUY ANY PARTICIPATING PRODUCT THIS WEEK FOR YOUR CHANCE TO WIN

SCAN HERE
TO ENTER



#UP TO \$350.

On Sale Wed 15th February to Tue 21st February 2023

Visit IGA.COM.AU for more info

WIN

THE COST OF YOUR SHOP

BACK#



#UP TO \$350.

BETTER THAN

1/2

PRICE



Palmolive Body Wash 500mL
Selected Varieties
65¢ per 100mL

\$325^{ea}

SAVE from \$3.90



The Natural Chip Co. Chips 175g
Selected Varieties
\$1.46 per 100g

\$255^{ea}

SAVE from \$2.50



Sunbeam Australian Sultanas 375g
\$8.80 per kg

\$330^{ea}

SAVE from \$1.10



Allen's Medium Bag 140-200g
Selected Varieties

\$305^{ea}

SAVE from 55¢



Red Rock Deli Chips 150-165g
Selected Varieties

\$495^{ea}

SAVE from \$2



S&W Whole Egg Mayonnaise 440g
Selected Varieties
\$1.40 per 100g

\$615^{ea}

SAVE from \$1.55



Dairy Farmers Thick & Creamy Yoghurt 150g
Selected Varieties
\$1.30 per 100g

\$195^{ea}

SAVE from 80¢



Four'N Twenty Meat Pies 4 Pack
Selected Varieties
\$1.18 per 100g

\$825^{ea}

SAVE from \$2.65

JUST BUY ANY PARTICIPATING PRODUCT THIS WEEK FOR YOUR CHANCE TO WIN



* Spends exclude tobacco, gaming and/or liquor purchases. T&Cs apply, see www.iga.com.au/win. Open to AU res (ex Tas) 18+. Starts: 1/2/23 at 7am AEDT. Ends: 11:59PM AEDT 28/2/23. Max 1 submission p/day & max 2 entries into Weekly Draw per submission. Retain receipt/s. Instant Prizes (100 per day): Up to 2,800 x Metcash Gift Cards valued at up to \$350 ea (depending on amount spent). Weekly Draw Prize: 4 x \$5k (1 winner per week). All draws: U6, 3 Central Avenue, Thornleigh NSW 2120 at 2:30pm AEDT. Weekly draws: between 10/2/23 to 3/3/23 (see full T&Cs for details). All winners published at www.iga.com.au/win from 10/3/23. Promoter: Metcash Trading Limited (Supermarkets NATIONAL, NSW & ACT) ABN 61 000 031 569, 1 Thomas Holt Drive, Macquarie Park, NSW 2113. Permits: NSW Auth No. TP/ 02343. SA Permit No. T22/ 1974. ACT Permit No. TP22/ 02390.

fresh food SPECIALS

IGA LOCAL GROCER

Serving Suggestion



\$3 ea

8 pack 200g
\$1.50 per 100g



Country Delight
SNOWBALLS



Australian Beef
Porterhouse Steak

\$29 kg



Australian Yellow
or White Peaches

\$450 kg



Australian Cherry
Tomatoes 250g
\$10 per kg

\$250 ea

250G PUNNET



Mission Wraps
6-8 Pack
Selected Varieties

\$450 ea



Papa Joes Banana Bread
500g Selected Varieties
\$1.20 per 100g

\$6 ea



Golden Crumpets
6 pack
Selected Varieties
67¢ per 100g

\$2 ea



TipTop The One
Bread 700g
Selected Varieties
59¢ per 100g

Better BUYS

\$410 ea



Lemnos Haloumi
180-200g
Selected Varieties



Better BUYS

\$690 ea

Customer Notice

Some products on promotion are subject to availability and limits

We are currently experiencing stock shortages on some products and they may be unavailable or subject to limits. We're working hard to restock impacted lines for you. Thank you for your patience and understanding.

Weekly catalogue specials available online at iga.com.au

NEW

1/2 PRICE

\$2.75 ea
SAVE from \$2.75

Cadbury Bites 110-150g Selected Varieties

\$2.75 ea
SAVE from \$1.10

Arnett's Shapes, Jatz or Clix 130-250g Selected Varieties

NEW

\$4.20 ea
SAVE from \$1.85

Cadbury Chocolate Block 160-190g Selected Varieties

\$1.65 ea
SAVE from 90c

Fantastic Delites 100g Selected Varieties
\$1.65 per 100g

\$10.60 ea
SAVE from \$7.10

Coca-Cola, Sprite or Fanta 10x375mL Selected Varieties
\$2.83 per Litre

\$2.30 ea
SAVE from \$1.60

Coca-Cola, Sprite or Fanta 1.25 Litre Selected Varieties
\$1.84 per Litre

\$6 ea
SAVE from \$1.50

Cadbury Dairy Milk Bunny 180g*
\$3.33 per 100g

2\$3 for
SAVE from \$1

MULTI-BUY

Cadbury Creme Egg, Mini Eggs or Marvellous Creations Bunny 33g-41.5g Selected Varieties*
Single Sell \$1.75

\$4 ea
SAVE from \$1

Cadbury Egg Share Bags 110-175g Selected Varieties*

Stock the PANTRY

IGA LOCAL GROCER



San Remo Traditional Gnocchi 500g
55¢ per 100g

\$275
ea

SAVE from 90¢



Dolmio Pasta Sauce 490-500g
Selected Varieties



\$305
ea

SAVE from \$1.35



Praise Aioli or Chipotle Sauce 250mL
Selected Varieties
\$1.54 per 100mL

\$385
ea

SAVE from \$1.10



Golden Circle Sliced Beetroot 450g
\$3.33 per kg

\$150
ea

SAVE from 70¢



MasterFoods Sauce 220-290g
Selected Varieties

\$220
ea

SAVE from 75¢



You'll find 100s of Better BUYS,
at better prices right across the store.



Green's Self Saucing Pudding Mix 260g
Selected Varieties
\$1.06 per 100g

Better BUYS

\$275
ea



Morning Sun Muesli 650g
Selected Varieties
76¢ per 100g

Better BUYS

\$495
ea



Crisco Vegetable Oil 750mL
81¢ per 100mL

Better BUYS

\$605
ea

1/2
PRICE



Steggles
Chicken Breast
Tenders 400g
Selected
Varieties
\$13.75 per kg

\$5.50
ea
SAVE from \$5.50



McCain Pub
Size Frozen
Meal 480-500g
Selected
Varieties

\$7.15
ea
SAVE from \$2.20



Streets Golden
Gaytime Ice
Cream 4 Pack
Selected Varieties
\$1.93 per 100mL

\$7.70
ea
SAVE from \$2.75



Birds Eye Atlantic
Salmon Fillets
2 Pack Selected
Varieties
\$45.58 per kg

\$11.85
ea
SAVE from \$3.55



Bulla Ice Cream Sticks
8-14 Pack
Selected Varieties

\$6.30
ea
SAVE from \$2.50



Primo Stackers 45-57g
Selected Varieties

\$3.30
ea
SAVE from \$1.40

**Better
BUYS**

You'll find 100s of *Better BUYS*,
at better prices right across the store.



Charlie's
Quencher
Juice 2 Litre
Selected
Varieties
\$2.95 per Litre

Better BUYS
\$5.90
ea



Red Rock Deli Style Dip
150g Selected Varieties
\$3.30 per 100g

Better BUYS
\$4.95
ea



Jarlsberg Cheese Slices
150g Selected Varieties
\$52.67 per kg

Better BUYS
\$7.90
ea

Great SAVES



1/2

PRICE



Nivea Men Shaving Gel 200mL
Selected Varieties
\$1.78 per 100mL

\$3.55
ea

SAVE from \$3.60



Pantene Pro-V Shampoo or Conditioner 375mL
Selected Varieties
\$1.84 per 100mL

\$6.90
ea

SAVE from \$4.10



My Dog Wet Dog Food 6x100g
Selected Varieties
\$1.17 per 100g

\$7
ea

SAVE from \$3.45



Meta Mucil Orange Smooth Powder 283g**
\$6.06 per 100g

\$17.15
ea

SAVE from \$3.20



Gillette Venus 3 Blades Smooth Razor 1 Pack
\$6.55 each

\$6.55
ea

SAVE from \$2.80



U By Kotex Liners 30 Pack
Selected Varieties
11¢ each

\$3.20
ea

HOT BUY



You'll find 100s of **Better BUYS**,
at better prices right across the store.



Murine Relief Eye Drops 15mL**
Selected Varieties
\$62.33 per 100mL

Better BUYS

\$9.35
ea



Cold Power Laundry Liquid 1 Litre
Selected Varieties
\$9.90 per Litre

Better BUYS

\$9.90
ea



Colgate Toothpaste 110-120g
Selected Varieties

Better BUYS

\$2.80
ea

**This medicine may not be right for you. Read the label before purchase. Follow the directions for use. If symptoms persist, worsen or change unexpectedly, talk to your health professional.



MULTI-BUY

2 \$5
for

Arnott's Scotch Finger
or Cream Biscuits
200-250g
Selected Varieties
Single Sell \$2.80

SAVE from \$2.70



MULTI-BUY

2 \$7
for

Thins or CC's
Chips 110-175g
Selected Varieties
Single Sell \$3.80

SAVE from \$3.10



MULTI-BUY

2 \$3
for

Nestlé
Medium Bars
or Smarties
35-55g
Selected Varieties
Single Sell \$1.95

SAVE from \$1.40

**BUY MORE
save
more**



Better BUYS

2 \$5.50
for

Mainland On the
Go Cheese &
Crackers 36-38g
Selected Varieties
Single Sell \$2.95



Better BUYS

5 \$5
for

Yoplait Petit Miam Yoghurt 70g
Selected Varieties
\$1.43 per 100g
Single Sell \$1.10



Better BUYS

2 \$3
for

Heinz Baby Food 120g
Selected Varieties
\$1.25 per 100g
Single Sell \$1.65



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On sale Wednesday 15 February to Tuesday 21 February 2023. While stocks last. Some products or varieties may not be available at all stores.